



Get your members moving beyond pain



Nick Palmer
RVP Health Systems,
Hinge Health



Charlie Toney
AVP Employee Benefits,
Lifepoint Health



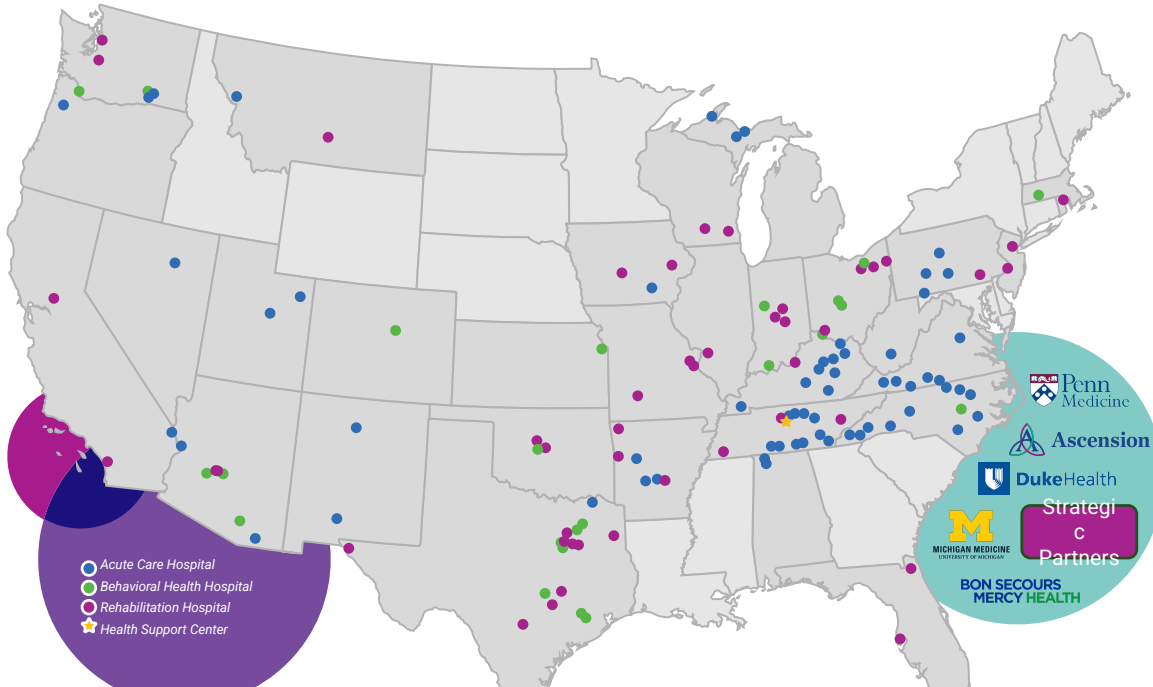
Teresa Tracy
Sr. Rewards Consultant,
Stanford Health Care



Making communities healthier®



Lifepoint Health



55,000+ employees

2,000 employed providers

31 states

63 community hospital campuses

46 rehabilitation hospitals

24 behavioral health hospitals

Champion Patient Care

Do the Right Thing

Embrace Individuality

Act with Kindness

Make a Difference Together



Stanford Health Care

Palo Alto, California

By The Numbers

Services



434 Life Flight Transports

619 Licensed Beds

119 Licensed ICU Beds

Patient Visits



1,311,046 Outpatient

77,803 Adult Emergency Room

29,718 Pediatric Emergency Room

472,846 Video Visits

Our People



17,200 Employees

2,627 Physicians on Active
Medical Staff

4,437 Nurses

1,492 Residents & Fellows

About Me

Teresa Tracy, Sr. Rewards Consultant

- 5 years with Stanford Health Care
- 25 years in benefits
- Silicon Valley, High Tech

A complementary approach to treating MSK pain



Easy access to digital care



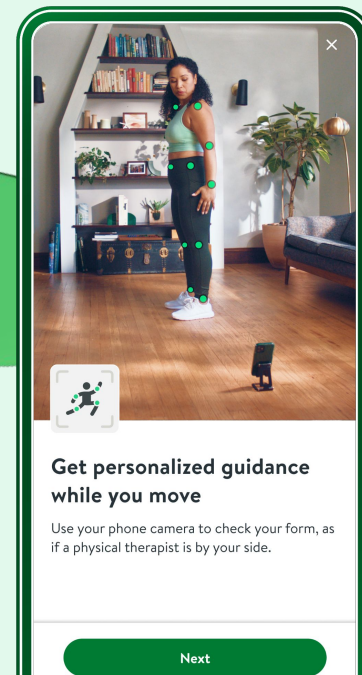
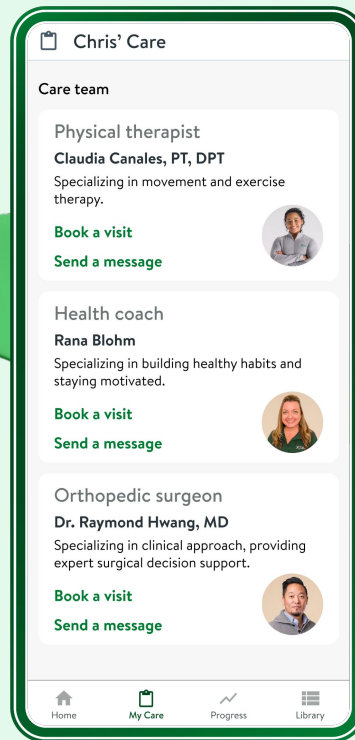
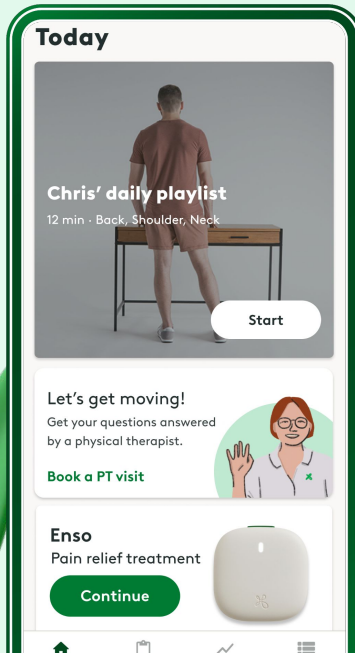
Physical therapist-led care team



Personalized exercises guided by motion tracking technology



Non-addictive pain relief treatment



The market leading solution for healthcare organizations

100+ health system clients with
1.6M+ members

56% pain reduction
after one year

3.2x ROI for health
system clients

Sources: Hinge Health Book of Business Analysis 2025

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Hinge Health was an access play for us. A single mom or dad can't take PTO to get to physical therapy. They want to save it for sick kids and they may need to be home at a certain time to care for children."

– VP Total Rewards at a health system with 29,000+ members

Hinge Health 2024 impact summary

Cohort start date: 01/01/2024

Data as of: 12/31/2024



Engagement

1,839

Members engaged

62,178

Total member treatment sessions completed

8.9/10

Member program satisfaction rating

Outcomes

47%

Reduction in pain

79%

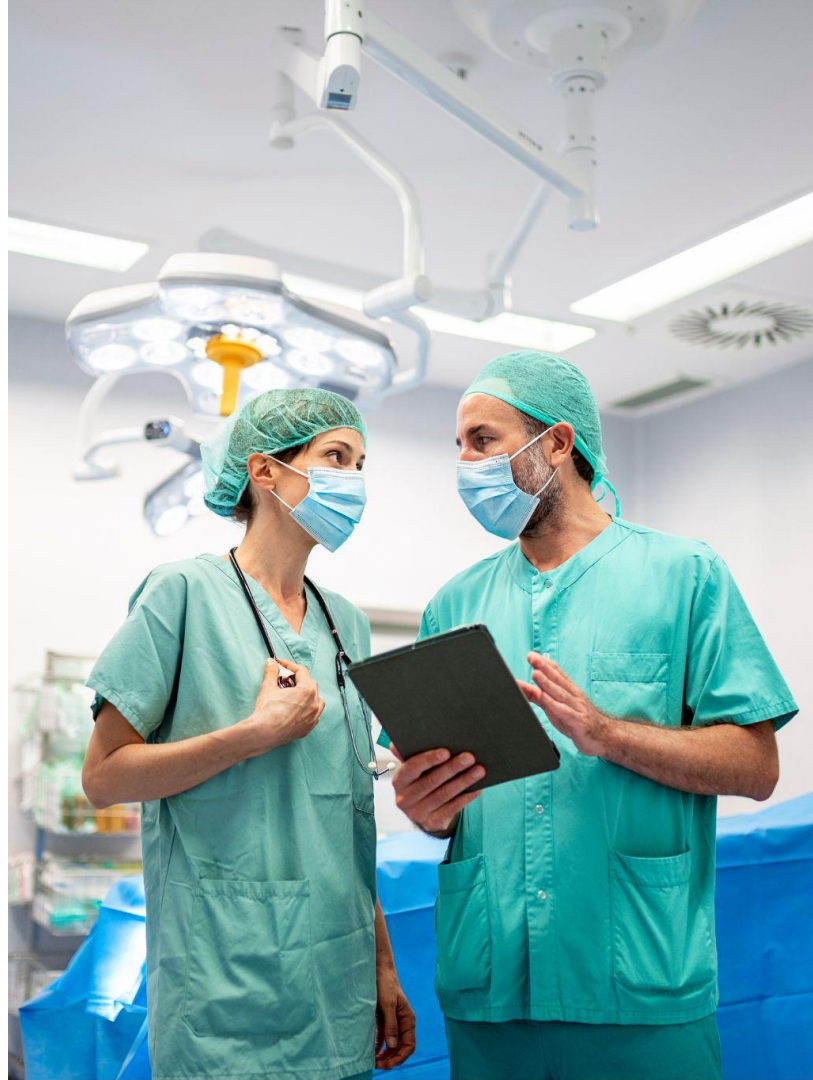
Members reaching MCID

40%

Reduction in surgery intent

3.3x

Projected ROI



Hinge Health 2024 impact summary

Cohort start date: 01/01/2024

Data as of: 12/31/2024



Stanford
MEDICINE

Health Care

Engagement

708

Members engaged

28,771

Total member treatment sessions completed

8.8/10

Member program satisfaction rating

Outcomes

51%

Reduction in pain

79%

Members reaching MCID

35%

Reduction in surgery intent

3.5x

Projected ROI

